SYLLABUS COMPETENT CREW

Knowledge of Sea Terms and Parts of a Boat, her Rigging and Sails

- Understands orders given
- Day to day running of the boat

Sail Handling

- Bending on, setting, reefing and handling of sails
- Use of sheets and halyards and their associated winches

Ropework

- Use sheets and halyards and their associated winches
- Handling ropes, including coiling, stowing, securing to cleats and bollards
- Handling warps (mooring lines/anchor line)
- Tie following knots; figure-of-eight, clove hitch, rolling hitch, bowline, round turn and two half hitches, single and double sheet bend, reef knot

Fire Precautions and Fighting

- Awareness of the hazards of fire and the precautions necessary to prevent fires
- Knowledge of the action to be taken in the event of fire

Personal Safety Equipment

- Understands and complies with rules for the wearing of safety harnesses, lifejackets and personal buoyancy aids

Man Overboard

- Understands the action to be taken to recover a man overboard
- How cold-water shock can affect a person in the water

Emergency Equipment

- Can operate distress flares and know when they should be used
- Understands how to launch and board a life raft

Manners and Customs

- Understands accepted practice with regard to use of burgees and ensigns, prevention of unnecessary noise or disturbance in harbour including courtesies to other craft berthed
- Aware of the responsibility of yacht skippers to protect the environment

Rules of the Road

- Is able to keep an efficient lookout at sea

Dinghies

- Understands and complies with the loading rules
- Is able to handle a dinghy under oars
- Safety equipment for tenders
- The use and importance of a kill cord

Meteorology

- Awareness of forecasting services
- Knowledge of the Beaufort scale

Seasickness

- Working efficiency is unaffected/partially affected/severely affected by seasickness

Helmsmanship and Sailing

- Understands the basic principles of sailing and can steer and trim sails on all points of sailing
- Can steer a compass course under sail and power

General Duties

- Has carried out general duties satisfactory on deck and below decks in connection with the daily routine of the vessel